

Listen To Your Senses

Chorégraphie : Stefaan Cools

Description: 32 temps, 4 murs, debutant/intermediaire

Musique: **Listen To Your Senses** par Alan Jackson CD: Good Time

Départ sur les paroles

SIDE TOGETHER, ¼ RIGHT, TOUCH, TWICE

1-4 Step right to side, step left together, ¼ turn right and step right forward, touch left together

5-8 Step left to side, step right together, ¼ turn right and step left back, touch right together

SIDE TOGETHER, ¼ RIGHT, TOUCH, TWICE

9-12 Step right to side, step left together, turn ¼ and step right forward, touch left together

13-16 Step left to side, step right together, turn ¼ right and step left back, touch right together

VINE RIGHT, SCUFF, LEFT VINE WITH ¼ TURN LEFT, SCUFF

17-20 Step right to side, cross left behind right, step right to side, scuff left forward

21-24 Step left to side, cross right behind left, turn ¼ left and step left forward, scuff right forward

RIGHT ROCKING CHAIR, ½ LEFT, STEP RIGHT HOLD

25-28 Rock right forward, recover to left, rock right back, recover to left

29-32 Step right forward, turn ½ left (weight to left), step right forward, hold

RHUMBA BOX

33-36 Step left to side, step right together, step left forward, hold

37-40 Step right to side, step left together, step right back, hold

WALK back , HOLD, WALK back, HOLD , LEFT COASTER STEP , HOLD

41-44 Step left back, hold, step right back, hold

45-48 Step left back, step right together, step left forward, hold

LOCK STEP FORWARD, HOLD, FULL RIGHT TRIPLE TURN, HOLD

49-52 Step right forward, cross left behind right, step right forward, hold

53-56 Turn ¼ right and step left to side, turn ½ right and step right together, turn ¼ right and step left forward, hold

RIGHT MAMBO FORWARD, HIP BUMPS

57-60 Rock right forward, recover to left, step right together, hold

61-64 Step left to side and bump hips left, right, left, touch right together

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